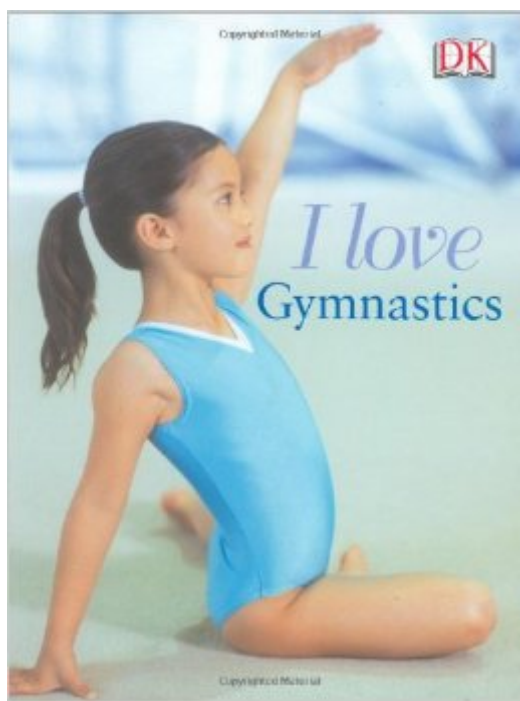


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# I Love Gymnastics



## Synopsis

This charming book is the perfect way to encourage young children to take part in an athletic activity and be the best they can be. I Love Gymnastics follows the progress of a group of young gymnasts as they learn simple balances and other basic techniques before moving on to more challenging moves on the beam and bars.

## Book Information

Hardcover: 48 pages

Publisher: DK Children (August 29, 2005)

Language: English

ISBN-10: 0756610117

ISBN-13: 978-0756610111

Product Dimensions: 8.8 x 0.4 x 11.1 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #1,005,890 in Books (See Top 100 in Books) #50 in [Books > Children's Books > Sports & Outdoors > Gymnastics](#)

Age Range: 5 - 8 years

Grade Level: Kindergarten - 3

## Customer Reviews

This book is pictorial in nature, and follows the progress of a group of young students during a series of gymnastics classes, ending with a competition. The photography is beautiful, and basic gymnastics skills (stretches, splits, cartwheels, etc.) are demonstrated by the students. The book is geared toward young girls, probably around ages 4-8. However, the photography is excellent and the storyline is not too terribly babyish for older fans to enjoy, too. This would be a great addition to a gymnastics library.

This is a great book for girls who are involved in gymnastics and are inspiring to be on the team someday. It is geared towards girls probably up to age 9-10. I have a 5 and 7 year old that are in gymnastics and really like the book. There are many pictures and descriptions on how to do what is involved and what they can look forward to as they progress. Great book.

Like most DK books, this one is full of beautiful photographs. It follows five young girls -- Jessica,

Hannah, Tyra, Tiggy & Molly -- from their first days at the gym, hopping, running, and stretching, through their training, culminating with a competitive meet where each of the girls win medals. Throughout, the girls are having fun and learning proper techniques. The pictures are very nice, but the text is equally important and quite well-written. The book defines all of the terms and stunts depicted. It explains the importance of different fundamental moves, gives some instruction of how to learn the moves (how to work up to full front splits and box splits, how to do a forward roll and a cartwheel). The little girls are adorable, and excel in different areas. There are many photographs with captions that emphasize the need for practice and perseverance -- like "I'm going to keep on trying!" and "I'm trying hard not to wobble" (while walking on the balance beam). Each piece of apparatus used in competitive gymnastics is shown. It also features the boys events, which is not always the case with gymnastics books. Overall, this is an inspiring picture book for young girls and beginners. There's nothing too complicated here -- mostly simple stunts that are within reach of a beginner. Because it is at the beginner level, it's not as fascinating as something with more advanced stunts. My five-year-old daughter enjoys looking at all of the "cute little girls" doing stunts, but she's not mesmerized or compelled to look the book time and time again like she is of photographs of more complicated and intriguing moves, or of gymnasts like Nastia Liukin and Shawn Johnson rather than amateur six year olds. Nonetheless, the book is still quite well done. Highly recommended for the young novice gymnast or anyone wishing to learn a bit more about the basics of gymnastics.

I Love Gymnastics is geared towards the 3-7 age group. Most of the moves are very basic. Walking on a balance beam, forward rolls, handstands, etc. There are a couple of pages for boy's gymnastics, and a couple of pages featuring more advanced gymnastics. There are two pages each for balance beam and bars. It spends quite a few pages talking about stretching and preparing for gymnastics class. It isn't that great of a book if you're looking for instructions. It's more of just a story.

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Love & Hip Hop ... Season 1 2 3 4 5 6 DVD Prime Instant Video) Jazz Dance and Jazz Gymnastics, Including Disco Dancing. Ed and Adapted by Liz Williamson. Tr from the German by Dale S. Cunningham. Tr of Von Der jaz Curious George Gymnastics Fun (CGTV Reader) Simone Biles: Superstar of Gymnastics: GymnStars Volume 6 The Science of Gymnastics (Sports Science) Gymnastics Girl Maya's Story: Becoming Brave (Go! Go! Sports Girls) DK Readers: First Day at Gymnastics (Level 1: Beginning to Read) Gymnastics Queen (Kylie Jean) Gymnastics Skills: Beginning Tumbling Tumbling Dreams: The Gymnastics Series #2 Gymnastics: The Trials, the Triumphs, the Truth (Puffin Nonfiction) I've Got This! (Perfect Balance Gymnastics Series) Gymnastics (Summer Olympic Sports)

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